

Thank you for choosing MYTHOS

With proper care and installation, this stem will give you trouble-free, enjoyable use. To maximise the safe enjoyment of this product, you should read and carefully follow the following installation instructions. Failure to do so could result in unexpected wear or failure, possibly resulting in injury. We recommend having your parts fitted by a qualified bicycle mechanic. MYTHOS assumes no responsibility for malfunction or injury due to faulty installation.

Tools Required:

- 4mm Allen Key
- Torque Wrench

Torque Values:

- 5Nm (All bolts)

Installation Instructions:

Remove faceplate and loosen steerer bolts on the stem. Check that the fork steerer tube is cut cleanly, then slide the stem onto the steerer tube. Spacers can be added above or below the stem to achieve your desired height, but ensure that the steerer sits 2-3mm below the top of the stem or spacer.

Install the top cap and bolt then tighten to pre-load the headset bearings. Care should be taken to ensure that all play has been removed from the headset and that steering rotation is smooth. This bolt should only be tightened until all play is gone.

Re-install the two steerer clamp bolts, ensure stem is straight then tighten bolts to 5Nm torque.

Fit the handlebars into the stem then loosely install the clamp bolts. When you are happy the handlebar is in the correct position tighten the bolts to 5Nm torque. You should alternate between the bolts in a cross pattern when tightening. Ensure that the gap between the stem and the faceplate is the same on both sides of the stem and handlebar to prevent damage.

Maintenance:

Regularly check that the stem bolts are tight and there are no signs of damage to the stem. Only tighten bolts using a torque wrench to the correct torque value.

**Designed and manufactured in the UK
by METRON Advanced Equipment LTD:**

METRON AE
Unit E18 Langham Park
Lows Lane
Ilkeston
Derbyshire
DE7 4RJ
United Kingdom
Info@mythos.bike

WWW.MYTHOS.BIKE

MYTHOS
ELIX Stem
Manual

WWW.MYTHOS.BIKE

